



STEPS TO RELINQUISHING PERCEIVED RIGHTS TO GOD



1. Praying with a witness, give each right which you have previously claimed, to God. You should say one of the following:
 - a. "I give up the right to _____."
 - b. "I surrender the right to _____."
 - c. "I renounce the right to _____."
 - d. "I relinquish the right to _____."
2. Ask God to forgive you for claiming these rights and for your sinful responses when your perceived rights were violated. (1 John 1:9)
3. Practice an attitude of thanksgiving and acceptance of God's will.
4. In the future, handle the violation of your perceived rights in the following ways:
 - a. Realize that when you are upset, angry and/or self-pitying about a person or circumstance in your life, you are probably unconsciously claiming perceived rights.
 - b. Practice repeatedly saying, "I do not have a right to (be specific). I accept your will, Lord, in this matter."
 - c. Thank God on a repeated basis for not allowing you to have rights because whatever deprivations you are experiencing are for your benefit. (Rom. 8:28)
 - d. Accept that this is one way of suffering for Christ's sake. (Phil. 1:29; 1 Pet. 2:21)
5. Remember God's sovereign plan includes the violation of your perceived rights. He will test you often to strengthen your relationship with Him and to build your character.
6. Meditate on how Christ gave up all His rights when He had just claim to them. Remember that He gave them up for *your* sake!
7. Keep your list of relinquished rights in a convenient location as a reminder to you. Add to the list as God reveals to you new areas in which you are manifesting sinful responses to what you perceive to be your rights.