



# RESPONDING TO OVERWHELMING CIRCUMSTANCES



## OVERWHELMING CIRCUMSTANCES

Created  
by You

Designed  
by God



**DEPEND ON  
MYSELF**

**DEPEND  
ON GOD**

**PRIDE:**  
I am in control

Confess  
Repent

**BELIEF:**  
God is in control



Renew  
Your Mind



**TRUST IN MY  
RESOURCES**



Give  
Thanks

**TRUST IN GOD'S  
RESOURCES**

Produces:  
fear, anxiety, panic  
guilt, self-pity, anger

Surrender  
Control  
To God

Produces:  
perseverance, peace  
contentment, joy



**BONDAGE  
EXHAUSTION**

**FREEDOM  
REST**