



# RENEWING YOUR MIND OUTLINE



**CATCH** your thought or attitude as sinful. (2 Cor. 10:5)



**CONFESS** your sinful thought or attitude to God. (1 John 1:9)



**CLAIM** the Holy Spirit's power to overcome the sinful thought or attitude. (Phil. 4:13)



**FORCE** your mind to change from the sinful thoughts or attitudes to godly ones. (Phil. 4:8-9)



**REPEAT** this outline when sinful thoughts or attitudes occur again. (Gal. 6:9)

*“Do not conform any longer to the pattern of this world,  
but be transformed by the renewing of your mind.  
Then you will be able to test and approve what God’s will is—  
his good, pleasing and perfect will.”  
—Romans 12:2*