



PUT OFF/PUT ON



PUT OFF

Sinful Thoughts and/or Attitudes
Eph. 4:22

PUT ON

Godly Replacements
Eph. 4:23,24

<p>1. Unbelief in God's character, commands and promises; doubt, loss of hope in God Rom. 1:25; Jas. 1:3-16</p>	<p>1. Faith and hope in God, His character, commands and promises Ps. 62:5-8; Rom. 4:20,21</p>
<p>2. Pride, selfishness (putting self first) Prov. 8:13; 21:24; Jas. 3:16</p>	<p>2. Humility (putting God / others before self) Phil. 2:4; Col. 3:12; Prov. 11:2; 29:23</p>
<p>3. Unforgiveness, sinful anger, bitterness, resentment, hatred, revenge Eph. 4:31</p>	<p>3. Forgiveness, love, compassion Rom. 12:17-21; Eph. 4:32; 1 Cor. 13:4-7; Luke 6:27,28</p>
<p>4. Discontentment, greed, envy, jealousy, covetousness Ex. 20:17</p>	<p>4. Contentment Phil. 4:11-13; 1 Tim. 6:6-8</p>
<p>5. Fear, worry, anxiety Matt. 6:34; Josh. 1:9; Deut. 31:8</p>	<p>5. Trust in the Lord and His promises; love Prov. 3:5; 1 John 4:18</p>
<p>6. Self-pity, ungratefulness, complaining, grumbling Phil. 2:14; Num. 11:4-6</p>	<p>6. Thanksgiving, praise 1 Thess. 5:18; Ps. 50:14; Heb. 13:15; Col. 3:15</p>
<p>7. Sexual lust Rom. 13:13; 1 John 2:15-17</p>	<p>7. Purity Rom. 13:14; 1 Thess. 4:1-8</p>
<p>8. Fantasy, denial (lying to self) Ps. 32:2</p>	<p>8. Truth, facing reality biblically John 17:17</p>
<p>9. Apathy, laziness, slothfulness Prov. 10:4; 21:26</p>	<p>9. Diligence, having a servant's heart and purpose Prov. 10:4; 21:26</p>