



# GIVING THANKS CHECKLIST



Use the following checklist to evaluate your pattern of giving thanks.

Confess the items checked to God with your discipler or a friend.

## My attitude toward God

- I am unaware of God's commands regarding thanking Him (Lev. 5:17)
- I have lost sight of the truth that I deserve to go to hell for all eternity
- I believe I deserve to have things go my way
- I don't think about God choosing me for His eternal kingdom and that I was merely a responder to God's initiatives in calling me out of darkness
- I am not focused on God's goodness and loving-kindness, which He | demonstrated by saving my soul from eternal damnation through the great sacrifice of the Father and the Son on my behalf
- I am lazy and apathetic about my relationship to God
- I take for granted and have grown accustomed to the daily provisions, protection and mercies of God. (Lam. 3:22,23)

## My attitude toward my circumstances

- I expect that most things should go my way; therefore, I don't think of giving thanks
- I am focused on what I want instead of what I have
- I have developed a discontented, negative, complaining attitude toward my life's circumstances; I nurture a root of bitterness
- I am self-focused, self-absorbed, self-pitying
- I believe that I am responsible for the good that I have accomplished or acquired, rather than God
- I ask God for things and when I receive them, I forget that I had asked him
- I thank God for only the "big things" and neglect to thank Him for what I view as daily or repeated "smaller" blessings
- I thank Him once and don't consider repeatedly thanking Him for the same things
- As soon as God grants one request, I focus on the next thing I want
- I don't go on a daily "God Hunt," looking for ways God is working on my behalf
- I don't cultivate and nurture tht habit of giving thanks