



CTO

FORGIVENESS STEPS



For an individual

STEP 1

STEP 2

STEP 3

FORGIVE the individual

CONFESS your sin to God

RECONCILE by seeking forgiveness

Release an individual from your bitterness, judgement and/or wrath

Agree with God, acknowledge your sin and take responsibility for your actions / attitudes

Seek forgiveness for your sin against him/her

1. Have disciple write a **Forgiveness List** of ways individual has sinned against/hurt him
2. Have disciple add to list utilizing the *Forgiveness Checklist*
3. Have disciple read his list to you - expand this list
4. Read/discuss sections I-IV in *Forgiving Others*
5. Have disciple forgive individual in prayer with you as his witness
6. Remind disciple to uphold the 3-fold commitment
7. Explain the *Renewing Your Mind Outline* and have him memorize/practice it

1. Have disciple write a **Confession List** of ways he has sinned against/hurt the person he forgave
2. Have disciple add to list utilizing the *Confession Checklist*
3. Have disciple read his list to you - expand this list
4. Read/summarize sections I-II in *Confessing Sin*; have disciple read Section III; summarize Section IV
5. Read/discuss verses about God's forgiveness
6. Have disciple confess sins to God with you as his witness

1. Condense disciple's **Confession List** to a **Reconciliation List** of the sins for which he needs to seek forgiveness
2. Instruct disciple how to seek forgiveness
3. Address fears and possible scenarios
4. Direct disciple to seek reconciliation as soon as is possible
5. Encourage disciple to
 - leave the outcome of the relationship to God
 - Practice biblical love toward the other person
 - Forgive any new offenses
 - Practice renewing his mind

RESTORE

FORBEAR

ADMONISH

FORGIVE

Both parties must be willing to move forward in relationship and seek to rebuild trust, which may require time.