

## CTO FORGIVENESS PROCESS





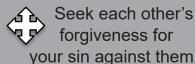
For a couple/two people

STEP 1

STEP 2

**RECONCILE** (Step 3) **FORGIVE** (Step 1)

CONFESS your sin to God



Agree with God, acknowledge your sin and take responsibility for your actions / attitudes



For an individual

STEP 1

STEP 2

STEP 3

FORGIVE the individual

**CONFESS** your sin to God

RECONCILE by seeking forgiveness

Release an individual from your bitterness, judgement and/or wrath

Agree with God, acknowledge your sin and take responsibility for your actions / attitudes

Seek forgiveness for your sin against him/her

**UNCONDITIONAL**Between you and God

UNCONDITIONAL
Between you and God

CONDITIONAL
Requires both parties

RESTORE FOREBEAR ADMONISH FORGIVE

Both parties must be willing to move forward in relationship and seek to rebuild trust, which may require time.