



# BIBLICAL APPROACH: DEVELOPING A **NEW GOAL**



## ACCEPTING GOD'S PURPOSE & PLAN

Confess anger toward God and accept His plan for your life

Accept reality of who God is

Do not build your ego through helping others

Be willing to face and accept emotional pain (Phil. 1:29)

Do not compare yourself—thinking you are superior/inferior to others

Face problems with godly responses

Realize people will continue to sin against you

Realize you do deserve to suffer

Do not minimize or ignore sin patterns in self and others

Give up perceived right to a pain free life

Risk pain/rejection to stay involved

Choose to believe Christ has power to satisfy & fulfill you

Believe God's promises

Confront and admonish others when needed

Live to please God rather than people

Hope in the Lord to sustain you in difficulty

Love and serve others unconditionally

Confess fantasizing and demanding the ideal as sin

Renew your mind with thanksgiving for painful reality

Commit fears to the Lord: I will follow God – He will care for me



**ELIMINATE:  
THE GOAL  
TO LIVE THE  
IDEAL LIFE**

**CREATE A  
NEW GOAL:  
SUBMISSION  
TO GOD  
AND**

**Walk in the  
fullness of  
God's love  
and grace  
through  
obedience  
while  
accepting  
painful reality**