

## EXPANDING A CONFESSION LIST

These are questions for the discipler to ask to help gather data to assist a disciple in his personal confession. Encourage the disciple to give specific examples regarding relevant questions. **You may need to put these questions in the past tense as well.**

1. Are you a godly role model?
2. Are you negative, critical?
3. Are you a controlling person?
4. Are you physically abusive?
5. Are you sexually abusive?
6. Are you controlled by fear?
7. Are you self-pitying?
8. Are you drug or alcohol dependent? (drunkard or drunkenness)
9. Are you involved in adultery, pornography, pattern of lusting and/or masturbation, or other sexual deviation?
10. Are you a perfectionist?
11. Are you demanding, rigid, unyielding?
12. Are you warm, understanding, approachable or not?
13. Are you committed to this person?
14. Are you overly sensitive to criticism?
15. Are you lovingly demonstrative or not?
16. Are you selfish, self-centered?
17. Are you disrespectful?
18. Are you a poor role model of a husband/wife, father/mother?
19. Are you a good listener?
20. Are you a braggart, egotistical, call attention to yourself?

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21. Are you moody or depressed?
22. Are you a hypocrite?
23. Are you suppressing or denying the reality of circumstances or your sin?
24. Are you a people pleaser?
25. Are you approachable to discuss others' problems?
26. Are you legalistic, rigid?
27. Do you encourage and praise others' efforts?
28. Do you allow others to fail without great condemnation?
29. Do you accept others for who they are?
30. Do you love others unconditionally?
31. Do you reject others?
32. Do you have uncontrolled anger, resentment, bitterness?
33. Do you excuse your own sin?
34. Do you hide behind an image?
35. Do you embarrass others? How?
36. Do you seek forgiveness when you wrong another?
37. Do you forgive others for their sins?
38. Do you have unreasonable expectations of others?
39. Do you share love verbally?
40. Do you treat others in a loving way?
41. Do you work to build the relationship?
42. Do you demand that circumstances be what you want to make you happy, feel important, etc.?

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43. Do you cut down or ridicule others privately or in front of others?
44. Do you have regular devotional time with the Lord?
45. Do you seek God's will through prayer and His Word?
46. Do you avoid spending time with your spouse or children by being involved with work, sinful or excessive habits, other people, etc.?
47. Do you use a disrespectful tone or sarcasm when communicating?
48. Do you call others names or swear at them?
49. Do you blame others for your sin or difficult circumstances?
50. Do you lack a sense of humor?
51. Are you submissive to human authority?
52. Do you admonish in love?
53. Do you avoid or ignore problems?
54. Are you prideful and arrogant?