

CTO

FORGIVENESS STEPS



For a couple/two people

STEP 1

RECONCILE AND FORGIVE



Seek each other's forgiveness for your sin against them

1. Have each person write a Confession List of ways he/she has sinned against the other
2. Have them add to their list utilizing the *Confession Checklist*
3. Have each read his/her list to you
Expand lists in presence of both
4. Read/discuss sections I-IV in *Forgiving Others*
5. Have each person seek forgiveness of the other person with you as their witness
6. Remind them to uphold 3 fold commitment
7. Explain *Renewing Your Mind Outline* and have them memorize and practice as needed

STEP 2

CONFESS your sin to God



Agree with God, acknowledge your sin and take responsibility for your actions / attitudes

1. Use Confession List for their confession to God
2. Read/discuss sections I-II in *Confessing Sin*
3. Have disciple read Section III
4. Summarize Section IV
5. Read/discuss verses about God's forgiveness from *Confessing Sin*
6. Have disciple confess sins to God with you as their witness
7. Read follow-up verses if time allows
8. Encourage them to continue to seek each other's forgiveness

RESTORE

Both parties must be willing to move forward in relationship and seek to rebuild trust, which may require time.