



DIRECTION FOR FUTURE SESSIONS

<p>FOCUS OF SESSIONS</p>	<p>AS YOUR DISCIPLE PROCEEDS THROUGH THE CTO LESSONS, THE FOCUS OF YOUR SESSION TIME SHOULD BE DEVOTED TO:</p> <ul style="list-style-type: none"> • gathering data. • expanding lists. • praying to forgive others and to confess sin. • preparing reconciliation lists. • releasing fears. • preparing for admonishments. • discussing sinful control strategies and how to forsake them. • confessing specific categories of sin, if appropriate to his situation. For example: sexual sins, rebellion against authority, his mind opposing God's mind, etc.. • relinquishing rights in prayer from Studies 5 & 6 of <i>When Rights are Wrong</i>. • using specific studies as a means to develop lists for confession of sin in relation to the truths revealed in these studies. For example: If your disciple struggles with trying to build self-esteem, you might use the <i>Self-Esteem vs. God-Esteem</i> study and accompanying diagrams to develop a confession list. • holding the disciple responsible for daily application of God's truths in life's difficult circumstances. 	<p><i>CTO Ministries.org/ Discipling Tools</i></p> <p>Part Two <i>Gathering Data</i></p> <p>Part Two: <i>Helping a Disciple Confess Sin</i></p> <p><i>CTO Part Three: When Rights are Wrong - #5 and #6</i></p>
<p>SPECIFICS TO PRACTICE</p>	<p>ASSIGN FREQUENT REMINDERS TO:</p> <ul style="list-style-type: none"> • renew his mind. • use the <i>1-2-3-4-5 (Get a Grip) Outline</i>. • thank God in all circumstances. • remember God's sovereign control and apply that knowledge in trial. • use specific Bible verses to renew his mind in trial and temptation. 	
<p>PREPARE TO ADMONISH</p>	<p>GIVE FREQUENT REMINDERS TO BIBLICALLY ADMONISH A SPOUSE, CHILD OR OTHERS, IF APPROPRIATE.</p> <ul style="list-style-type: none"> • Review key principles from <i>Admonishing Others</i>, CTO. • Choose a person(s) in the disciple's life that needs to be admonished. • Be sure disciple has forgiven the person who is to be admonishment. • Prepare disciple to admonish by dealing with fears biblically and by role-playing, if necessary. 	<p><i>CTO Part One: Admonishing Others</i></p>
<p>ADDRESS FEARS</p>	<p>HAVE DISCIPLE READ <i>RELEASING FEARS</i> IN THE NORMAL PROGRESSION OF STUDIES.</p> <p>Note: In most cases, even if a disciple is not fearful, this lesson should be read after the disciple has completed the <i>Who's in Charge?</i> studies. It is important that he completes the <i>Understanding Pride and Rebellion</i> study since pride and demand to control one's world produce fear. In order to understand how to deal biblically with his fears, he needs to understand what motivates him to fear. He also needs to understand how God is in control of his world.</p> <ul style="list-style-type: none"> • Have disciple compile a list of fears • Using the format described in <i>Steps to Releasing Fears</i> to confess fears and commit those fears to the Lord. • Encourage disciple to deal with ongoing and/or future fears this way. 	

<p style="text-align: center;">CONTINUE TO DEAL WITH RELATIONSHIPS BIBLICALLY</p>	<p>IT IS IMPORTANT FOR YOUR DISCIPLE TO KEEP A CLEAN SLATE WITH GOD AND OTHERS</p> <ul style="list-style-type: none"> • Always have disciple work through forgiving their parents, even if he says he has already forgiven or he says the relationships with them are all right. • Have disciple include on his <i>Forgiveness List</i>, the sinful control strategies which he has adopted, that may have been role-modeled by his parents. For instance, his list might include: <ul style="list-style-type: none"> “I forgive my mother for: <ul style="list-style-type: none"> -being a people-pleaser in relationship to my dad.” -avoiding conflict at all costs.” -suppressing and ignoring painful realities in her life, rather than turning to God and dealing with them biblically.” -influencing me through her role-modeling, to be a controller of circumstances, to avoid conflict, to be a people-pleaser” • Deal with all key relationships from the past and present, in like manner: <ul style="list-style-type: none"> children, in-laws, all ex-spouses and anyone who has significantly impacted his life in a negative way, even though he claims to have forgiven the person. The latter may include: boyfriend, girlfriend, relative, a molester or rapist, teacher, employer, etc. 	<p style="text-align: right;"><i>CTOministries.org/ Discipling Tools</i></p>
<p style="text-align: center;">ADDRESS CONTROL ISSUES</p>	<p>ASSIGN THE CONTROLLERS STUDIES</p> <ul style="list-style-type: none"> • Have disciple read <i>Understanding Controllers</i>. This explains that all sinful attempts to control are rooted in unbelief, pride and fear that result in self-protective strategies. • Ask him next to read the study which most characterizes his life when he is not under the control of the Holy Spirit and God’s Word, <i>Controller of People</i> or <i>Controller of Circumstances</i>. <p style="margin-left: 40px;">He should have already highlighted a Comparison and Contrast chart as he has been preparing his previous confession lists. If one type is not predominant, he can begin with either study.</p> • Assign the use of the <i>Daily Log</i> to record sinful patterns of control, such as loss of temper, withdrawal, excessive behaviors. He should also record what triggered the sinful behavior • If appropriate or needed, you might lead your disciple through confession of <i>Patterns in Decision Making</i> or <i>The Self-Life</i> after he has highlighted what characterizes his life. <p>Section Four of CTD includes a number of studies entitled <i>Dealing With Controllers</i> addressing control issues which is available free under “Resources” on the CTO Webpage.</p>	