

CYCLE OF SELF-WORSHIP

**I DESIRE
+ I DESERVE
= I DEMAND**

DEMANDS INCREASE
I regroup and continue
to demand life on my terms

EXPECTATIONS
I look to circumstances
or others to maintain
my personal kingdom
(I set up idols)

DESPAIR
I give up;
contemplate suicide

Building my kingdom



DISAPPOINTED
When my kingdom is threatened
I become judgmental and critical
(My idols fail)

DEPRESSED
When my kingdom crashes
I lose hope of my "perceived
needs" being met
(My idols still do not fulfill)

Pursuing Idols

ANGER
I lash out in anger or
I turn anger inward

RIGHTS/NEEDS
My expectations are revealed
as a "right" or "need"
*(My idols are necessary
for emotional survival)*

DISCOURAGED

When my kingdom crumbles I become self-focused and I live in self-pity
I either become more controlling or I want to give up
(I may look for new idols)

Ungodly **SADNESS/ANGER**