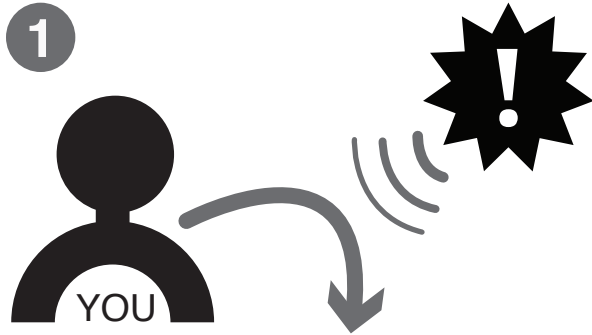


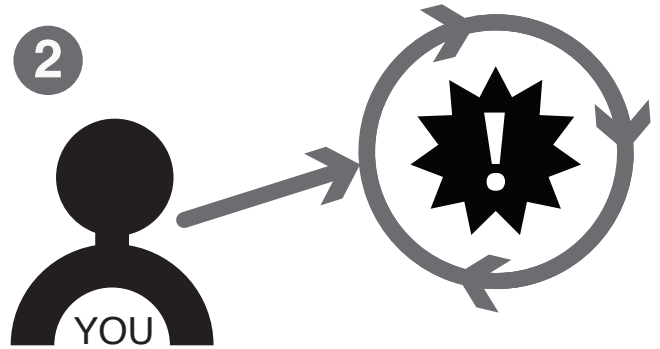
4 APPROACHES TO A PROBLEM



SUPPRESS OR IGNORE THE PROBLEM

- Withdraws, avoids difficult people/circumstances
- Controls by pleasing people/avoiding conflict
- Seeks comfort, pleasure, stress-free life

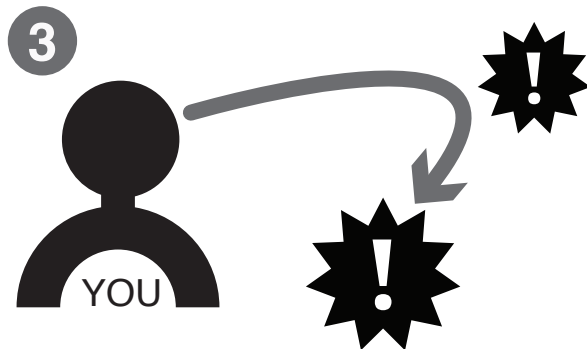
"I see no problem!!"



GO AROUND IN THE PROBLEM

- Focuses on the problem without a biblical solution
- Controls by demanding, convincing, arguing, worrying
- Seeks to control people/circumstances

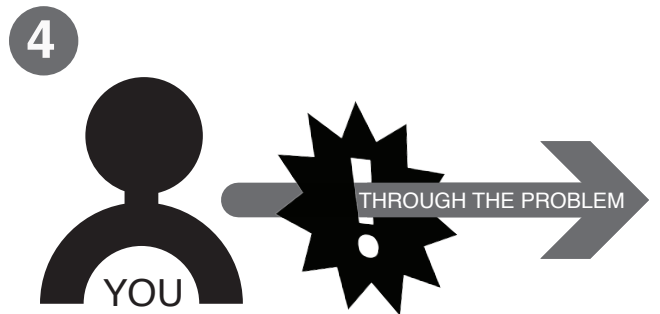
"I can fix the problem in my own way!!"



ESCAPE THE PROBLEM

- Escapes into fantasy, social media, TV, sports, hobbies, porn, illicit sex, drugs, alcohol, work, ministry
- Creates a bigger problem
- Seeks to find relief from pain in sinful ways

"I will escape the problem!!"



STRAIGHT THROUGH THE PROBLEM

- Faces the problem head-on
- Relies on God and His resources
- Accepts God's plan
- Perseveres in the trial

"I will rely on God to take me through the problem!!"