

# APPROACHES TO A PR#BLEM

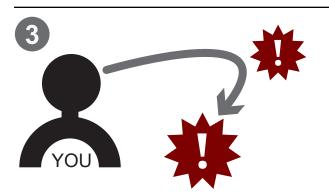




## SUPPRESS OR IGNORE THE PROBLEM

-Withdraws, avoids difficult people/circumstances -Controls by pleasing people/avoiding conflict -Seeks comfort, pleasure, stress-free life \*GOAL: IGNORE PROBLEM - PLEASE PEOPLE

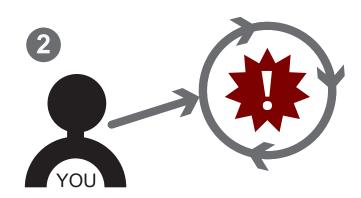
#### "I see no problem!!"



## **ESCAPE THE PROBLEM**

-Escapes into fantasy, social media, TV, sports, hobbies, porn, illicit sex, drugs, alcohol, work, ministry -Seeks to find relief from pain in sinful ways -Creates a bigger problem \*GOAL: ESCAPE PROBLEM - ELIMINATE PAIN

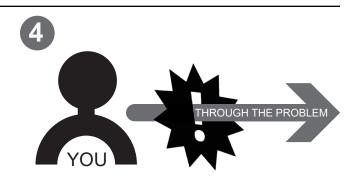
## "I will escape the problem!!"



## **GO AROUND IN THE PROBLEM**

-Focuses on the problem without a biblical solution -Controls by demanding, convincing, arguing, worrying -Seeks to control people/circumstances \*GOAL: FIX PROBLEM - CHANGE PEOPLE

## "I will fix the problem!!"



## STRAIGHT THROUGH THE PROBLEM

-Faces the problem head-on
-Relies on God and His resources
-Accepts God's plan
-Perseveres in the trial
\*GOAL: FACE PROBLEM - DEPEND ON GOD

## "I will rely on God to take me through the problem!!"

## Original concept from Jay E. Adams

PART ONE: THE GOSPEL AND OUR RELATIONSHIP WITH OTHERS PREFACE

